



Flippas-n-Fins Ltd.

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Student Information

First Name:

Initial:

Surname:

Date of Birth: DD/MM/YY

Sex: Male / Female

Email Address:

Mailing Address:

Phone: Mobile:

Home:

Emergency Contact Information

Name:

Relationship:

Address:

Phone: Mobile:

Home:

For Office Use Only

Open Water Course

Name:

- ☐ Image uploaded/taken
- ☐ Student Information Sheet completed
- ☐ Received Medical Statement, Statement of Understanding and General Training Online/Paper?
- ☐ Received Open Water Learners Agreement

- ☐ Redeemed Registration Code
- ☐ Section 1 Knowledge review and Quiz completed and submitted
- ☐ Section 2 Knowledge review and Quiz completed and submitted
- ☐ Section 3 Knowledge review and Quiz completed and submitted
- ☐ Section 4 Knowledge review and Quiz completed and submitted
- ☐ Section 5 Knowledge review and Final Exam completed and submitted
- ☐ Open Water Quick Quiz completed

PADI Open Water Diver Course Record and Referral Form

Student Name _____ Birth Date _____
Day/Month/Year
Mailing address _____ Sex ☐ M ☐ F
City _____ State/Province _____
Country _____ Zip/Postal Code _____
Phone Home (____) _____ Business (____) _____
Fax (____) _____ Email _____

All PADI Instructors who initial this document must complete an identification section below.

PADI Instructor _____ Signature _____
PADI No. _____ Dive Center/Resort No. _____ Date _____
Day/Month/Year
Phone Home (____) _____ Fax (____) _____
Email _____

PADI Instructor _____ Signature _____
PADI No. _____ Dive Center/Resort No. _____ Date _____
Day/Month/Year
Phone Home (____) _____ Fax (____) _____
Email _____

Note: Attach additional sheet for other PADI Instructor information if necessary.

When referring a PADI Scuba Diver/Open Water Diver student:

- Fill in the diver and PADI Instructor information and note appropriate areas of training completed.
- Attach a copy of the diver's PADI Medical Statement to this form.
- Advise the diver of the need for a photo for certification card processing.
- Encourage the diver to complete training as soon as possible and explain that this form is only valid for one year from the last training section completion date.

A. Confined Water Dives

Date Completed Day / Month / Year	Instructor** Initials	PADI #	Date Completed Day / Month / Year	Instructor** Initials	PADI #
CW 1* ____/____/____	____	# ____	CW 4 ____/____/____	____	# ____
CW 2 ____/____/____	____	# ____	CW 5 ____/____/____	____	# ____
CW 3 ____/____/____	____	# ____			

*DSD with all CW Dive 1 skills = Open Water Diver CW Dive 1

Waterskills Assessment

Date Completed Day / Month / Year	Instructor** Initials	PADI #	Date Completed Day / Month / Year	Instructor** Initials	PADI #
200 metre/yard Swim OR 300 metre/yard Mask/Snorkel/Fin Swim ____/____/____	____	# ____	Skin Diving Skills ____/____/____	____	# ____
10 Minute Survival Float* ____/____/____	____	# ____	Dry Suit Orientation ____/____/____	____	# ____

Dive Flexible Skills

Equipment Preparation and Care*
____/____/____ # ____

Disconnect Low Pressure Inflator Hose*
____/____/____ # ____

Loose Cylinder Band
____/____/____ # ____

Weight System Removal and Replacement (surface)*
____/____/____ # ____

Emergency Weight Drop (or in OW)*
____/____/____ # ____

(Note: If all Confined Water Dives and Waterskills Assessment have been completed by one instructor, only one signature required.)

All Confined Water Dives listed above and the Waterskills Assessment have been completed.

Instructor Signature _____
PADI # _____ Date ____/____/____

****I certify that this student has satisfactorily completed this skill/section/dive as outlined in the PADI Instructor Manual. I am a PADI Instructor renewed in Teaching status for the current year.**

B. Knowledge Development

Course option: ☐ RDP Table ☐ eRDPmL ☐ Computer only

	Date Completed Day / Month / Year	Completed KR	Passed Quiz/Exam	Viewed Open Water Video	Instructor** Initials	PADI #
Sec 1	____/____/____	<input type="checkbox"/>	____	<input type="checkbox"/>	____	# ____
Sec 2	____/____/____	<input type="checkbox"/>	____	<input type="checkbox"/>	____	# ____
Sec 3	____/____/____	<input type="checkbox"/>	____	<input type="checkbox"/>	____	# ____
Sec 4	____/____/____	<input type="checkbox"/>	____	<input type="checkbox"/>	____	# ____
Sec 5	____/____/____	<input type="checkbox"/>	____	<input type="checkbox"/>	____	# ____
OR eLearning Quick Review	____/____/____	____	____	____	____	# ____

(Note: If all above Knowledge Development sessions have been completed by one instructor, only one signature required)

All Knowledge Development sessions listed above have been completed, Quizzes/Exams passed.

Instructor Signature _____ # _____ Date ____/____/____

C. Open Water Dives

Date Completed Day / Month / Year	Instructor** Initials	PADI #	Date Completed Day / Month / Year	Instructor** Initials	PADI #
Dive 1 ____/____/____	____	# ____	Dive 3 ____/____/____	____	# ____
Dive 2 ____/____/____	____	# ____	Dive 4 ____/____/____	____	# ____

Dive Flexible Skills

These skills may be completed during any Open Water Training Dive.

	Completed on	Instructor** Initials	PADI#
1. Cramp Removal*	Dive # ____	____	# ____
2. Snorkel/Regulator Exchange*	Dive # ____	____	# ____
3. Inflatable Signal Tube/DSMB Deployment*	Dive # ____	____	# ____
4. Emergency Weight Drop (or in CW)*	Dive # ____	____	# ____
5. Surface Swim with Compass	Dive # ____	____	# ____
6. Tired Diver Tow	Dive # ____	____	# ____
7. Remove/Replace Scuba (surface)	Dive # ____	____	# ____
8. Remove/Replace Weights (surface)	Dive # ____	____	# ____
9. CESA (Dive 2, 3 or 4)	Dive # ____	____	# ____
10. UW Compass Navigation (Dive 2, 3 or 4)	Dive # ____	____	# ____

(Note: If all above Dive Flexible Skills have been completed by one instructor, only one signature is required)

All Dive Flexible Skills listed above have been completed.

Instructor Signature _____ # _____ Date ____/____/____

Student Statement: I understand the training requirements for this course and have successfully completed all certification requirements. I am adequately prepared to dive in areas and under conditions similar to those in which I was trained. I realize that additional training is recommended for participation in specialty diving activities, in other geographical areas, and after periods of inactivity that exceed six months. I agree to abide by PADI's Standard Safe Diving Practices.

Student Signature _____ # _____ Date ____/____/____

All requirements for certification as a PADI Scuba Diver have been met (completion of Knowledge Development sessions 1, 2, 3 Confined Water Dives 1, 2, 3 Open Water Dives 1, 2 and all dive flexible skills marked with an asterisk *).

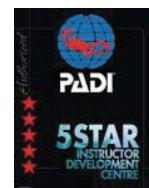
Instructor Signature _____ # _____ Date ____/____/____

All requirements for certification as a PADI Open Water Diver have been met.

Instructor Signature _____ # _____ Date ____/____/____



Flippas-n-Fins Ltd.
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Permission to Use Images

Events: Youth Diver Sessions

Locations: Queen Elizabeth Leisure Centre

Open Water dive sites

I grant to [Flippas-n-Fins Ltd](#), the right to take images of my child in connection with the above-identified event. I authorise [Flippas-n-Fins Ltd](#), its assigns and transferees to copyright, use and publish the same in print and/or electronically.

I agree that [Flippas-n-Fins Ltd](#) may use such images of my child without her/his name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content.

I hereby release, discharge and agree to save [Flippas-n-Fins Ltd](#) and its legal representatives or assigns, and all persons functioning under its permission or authority, or those for whom it is functioning, from any liability by virtue of any blurring, distortion, alteration, optical illusion, or use in composite form whether intentional or otherwise, that may occur or be produced in the taking of said image or in any subsequent processing thereof, as well as any publication thereof, including without limitation any claims for libel or invasion of privacy.

I have read and understand the above:

Youth Diver Name_____

Date Of Birth_____

Address _____

Date _____

Signature of parent/guardian_____



Youth Diving: Responsibility and Risks Acknowledgment

(Please read carefully, fill in all blanks, and sign and date below.)

I/we, _____, and my/our child, _____, have viewed and understand the Youth Diving: Responsibility and Risks video or flip chart. We affirm we have been advised and thoroughly informed that diving is an adventure sport with inherent risks to the participant. These risks may include, but are not limited to, pressure related injuries affecting the lungs, sinuses and ears, drowning, panic and other serious injury or death. We also understand our responsibilities, as parent and participant (child), in participating in scuba activities and agree to accept those responsibilities.

As the parent/guardian of the minor child, I/we understand and agree it is solely my/our responsibility to evaluate whether my/our child should participate in scuba activities. Our decision is based upon our knowledge of the mental, physical and emotional abilities of our child, as well as his/her medical history. I/we understand and agree it is my/our responsibility to discuss with a physician any questions I/we have regarding my/our child's medical history and participation in this activity.

I/we understand and agree that it is my/our responsibility to continue to monitor the abilities and health of my/our child to determine whether he/she should continue in this program and continue to dive after the program.

I/we agree to abide by all supervisory and depth limitations that may accompany my/our child's PADI certification.

I/we understand that PADI certifies instructors/dive centers and provides materials for programs developed by PADI.

I/we understand that the dive center/resort and the instructor are responsible for the conduct and supervision of this activity

I/we understand my responsibilities and those of my child as set forth in the Youth Diving Responsibilities and Risk video or flip chart.

I/we have read this Acknowledgment, understand and agree to the terms and conditions, and understand and agree that this Acknowledgment is a binding contract between us, the dive professional, the dive facility and PADI.

Parent/Guardian Name

Parent/Guardian Signature

(Day/Month/Year)

Participant/Minor Name

Participant/Minor Signature

(Day/Month/Year)



EMERGENCY TREATMENT CONSENT FORM

Unit 7, St. Philips Central, Albert Road, St. Philips, Bristol BS2 0PD, +44 (0) 117 300 7234, Fax: +44 (0) 117 972 1821

I affirm I am the parent and/or legal guardian of _____
NAME OF MINOR
parent/guardian, I hereby authorize _____
Flippas-n-Fins Ltd. and Any Dive Professional
(DIVE CENTER/RESORT/INSTRUCTOR)
employees or assigns, to seek medical treatment for _____
(MINOR)
of an accident or illness while under the supervision of _____
Flippas-n-Fins Ltd. and Any Dive Professional
(DIVE CENTER/RESORT/INSTRUCTOR)

I affirm I have read the **Certificate of Understanding and Express Assumption of Risk** form, signed it of my own free will, and understand the legal consequences of signing the document.

I authorize the treatment of _____
(MINOR)
licensed physician in the event of a medical emergency which, in the opinion of the attending physician, may endanger his/her life, cause disfigurement, physical impairment or undue discomfort if delayed.

I have fully informed myself of the contents of this **Emergency Treatment Consent Form** by reading it before I signed it.

PARENT/GUARDIAN (please print)

DATE

SIGNATURE OF PARENT/GUARDIAN

HOME PHONE

ADDRESS

WORK PHONE

Specific medical allergies, medicine being taken or other conditions physician should be aware of (if none, please write NONE):

Medical Insurance Company: _____

Policy Number: _____

Quick Review

Name _____ Date _____

Directions: Choose the best answer from the choices provided.

Note: Use either metric or imperial numbers when figuring out your answers. Answer only for the system you're using. If your instructor teaches dive planning using dive computers answer questions 1-21, otherwise complete all 25 questions.

1. What is the most important rule in scuba diving?
 - ☐ Never dive alone.
 - ☐ Always perform a pre-dive safety check.
 - ☐ Establish positive buoyancy and relax when at the surface.
 - ☐ Breathe continuously and never hold your breath.
2. To keep my ears from hurting while descending, I should:
 - ☐ equalize early and often.
 - ☐ go down as quickly as possible.
 - ☐ blow air into my mask through my nose.
 - ☐ always descend head first.
3. Diving when I have a cold or allergies may cause me to:
 - ☐ become unconscious without warning.
 - ☐ become tired or seasick easily.
 - ☐ have significant difficulty equalizing pressure in my body air spaces.
 - ☐ use my air up too fast.
4. If I can't equalize my ears while descending, I should:
 - ☐ continue diving and deal with the pain.
 - ☐ end the dive.
 - ☐ swim just below the surface for the entire dive.
 - ☐ continue to ascend slightly and attempt equalizing until I run low on air.
5. Holding my breath while scuba diving can:
 - ☐ cause serious, life-threatening lung injuries.
 - ☐ make me float.
 - ☐ help me conserve air.
 - ☐ lead to oxygen toxicity.
6. If I work too hard and find it difficult to breathe underwater, I should:
 - ☐ inflate my BCD and immediately go to the surface.
 - ☐ stop all activity and rest, hold onto something for support if possible.
 - ☐ swim quickly to my buddy and signal for help.
 - ☐ do a controlled emergency swimming ascent (CESA – swimming up to the surface saying the ah-h-h-h sound).
7. During a dive, I can't stop shivering. What should I do?
 - ☐ Continue the dive, but plan to wear more exposure protection on the next dive.
 - ☐ Swim faster to warm up.
 - ☐ Exit the water immediately, dry off and seek warmth.
 - ☐ Exit the water when planned, but cancel the next dive.
8. The most important feature of my weight system is:
 - ☐ how tight I can get the belt to fit on my waist.
 - ☐ having enough weight to sink quickly.
 - ☐ a clip that prevents weights from accidentally dropping.
 - ☐ a quick release that allows me to drop enough weight to float.
9. If I become separated from my buddy underwater, what should I generally do?
 - ☐ Go up right away, wait a minute and then go back down underwater.
 - ☐ Search for a minute underwater and then go up to find my buddy.
 - ☐ Go to the surface right away and get out of the water.
 - ☐ Find my buddy's bubbles and follow the bubbles to my buddy.
10. My buddy and I observe a mild current at the dive site. Generally, how should we begin our dive?
 - ☐ Dive with the current.
 - ☐ Dive across the current.
 - ☐ Dive against or into the current.
 - ☐ Dive at an angle to the current.
11. My buddy and I can't get back to the boat due to a current. What should we do?
 - ☐ Make ourselves float, signal for help, rest and wait for the boat to pick us up.
 - ☐ Descend and try to swim against the current near the bottom.
 - ☐ Make ourselves float, signal for help, and try to swim against the current.
 - ☐ Try to swim against the current by staying just below the surface.
12. Most injuries caused by aquatic animals happen because:
 - ☐ the animal is trying to protect itself.
 - ☐ the animal is aggressive.
 - ☐ the animal can't see that you are a diver.
 - ☐ the animal thinks you are food.
13. If a diving-related problem occurs at the surface, I should:
 - ☐ immediately establish positive buoyancy and stop, think, then act to handle the problem.
 - ☐ descend to solve the problem.
 - ☐ take my mask off.
 - ☐ remove my weight belt and hand it to my buddy.

14. My buddy gives me the out-of-air signal, I should:
 - ☐ offer my buddy my alternate air source, then ascend together in a controlled manner.
 - ☐ signal for my buddy to make a controlled emergency swimming ascent (CESA – swim up to the surface saying the ah-h-h sound).
 - ☐ look for another diver to share air with my buddy.
 - ☐ signal “up” and make a normal ascent.
15. The risk of decompression sickness (DCS – nitrogen bubbles blocking blood flow in the body after a dive) increases, if a diver:
 - ☐ dives in poor visibility, strong moving water, and rough seas.
 - ☐ is tired, cold, sick, thirsty or overweight.
 - ☐ dives with equipment that is not working properly.
 - ☐ does only one dive a day.
16. To reduce the risk of decompression sickness:
 - ☐ only fill cylinders with enriched air.
 - ☐ breathe more slowly than normal.
 - ☐ make a safety stop at 5 metres/15 feet at the end of each dive.
 - ☐ ascend to a shallower depth if feeling dizzy.
17. The first step in using your dive computer is
 - ☐ setting the time and date.
 - ☐ reading the manufacturer’s instructions.
 - ☐ calibrating it for enriched air nitrox.
 - ☐ setting it for fresh or salt water.
18. If I make two dives in one day and plan to fly home on a commercial plane. What is the minimum time I should wait before getting on the plane?
 - ☐ You do not have to wait.
 - ☐ 48 hours
 - ☐ 24 hours
 - ☐ 18 hours
19. To plan a dive, I use my dive computer’s Dive Plan Mode (or other name the manufacturer uses) to determine
 - ☐ the maximum depth of the previous dive.
 - ☐ the no stop limits for each depths (typically in 3 metre/10 foot increments).
 - ☐ whether my computer is compatible with my buddy’s computer.
 - ☐ the best settings for my backup computer.
20. If I accidentally exceed my computer’s no stop limits, I need to:
 - ☐ surface immediately, breathe oxygen and report my condition to the divemaster.
 - ☐ ascend immediately and make a safety stop for three minutes at 5 metres/15 feet.
 - ☐ decompress according to the computer’s instructions.
 - ☐ make a safety stop for as long as possible before running low on air.

21. Most divers begin to notice the effects of gas narcosis at approximately:
 - ☐ 10 metres/30 feet
 - ☐ 20 metres/60 feet
 - ☐ 30 metres/100 feet
 - ☐ 40 metres/130 feet

Use either the RDP Table or eRDPML™

22. After a dive to 12 meters/40 feet for 60 minutes, the pressure group is:
 - ☐ N
 - ☐ P
 - ☐ R
 - ☐ T
23. A group of Advanced Open Water Divers plans to make two dives. The first dive is on a reef in 22 metres/80 feet of water for 20 minutes. The group then remains on the surface for 1 hour. The second dive is on a wreck in 18 metres/60 feet of water, with a planned bottom time of 30 minutes. What will be the ending pressure group after the second dive?
 - ☐ K
 - ☐ L
 - ☐ R
 - ☐ S
24. After a dive to 18 metres/60 feet for 23 minutes, with a 40 minute surface interval, what is the maximum allowable time for the second dive to 18 metres/60 feet?
 - ☐ 14 minutes
 - ☐ 15 minutes
 - ☐ 41 minutes
 - ☐ 38 minutes
25. A buddy team plans to make two dives. The first dive is to 18 metres/60 feet for 49 minutes, and the second dive is to 18 metres/60 feet for 24 minutes. How long do they have to stay on the surface (minimum surface interval) to do these two dives safely?
 - ☐ 26 minutes
 - ☐ 32 minutes
 - ☐ 54 minutes
 - ☐ 59 minutes

eLearner Statement: Any questions I answered incorrectly I’ve had explained to me and I understand what I missed.

Signature _____

Date _____